



Georgia
Psychological
Association

2023 ANNUAL
CONFERENCE
APRIL 21 & 22, 2023

Being and Becoming:

*Embracing Values,
Intersectionality, and
Evidence-Based
Practice*



The Classic Center
300 N. Thomas St.,
Athens, GA 30601

gapsych.org



Hurry! Early Registration Discount Ends March 1, 2023
Registration Closes April 1, 2023!

◆ 7:30 am - 9:30 am ◆

Continental Breakfast with Exhibitors

◆ 8:00 am - 5:30 pm ◆

Exhibits Open

◆ 8:00 am - 9:00 am ◆

SPECIAL WORKSHOP



What Might Be Good To Know About Getting Licensed As a Psychologist and How to Practice Under PSYPACT

Mariann Burnett-Atwell, PsyD;
Donald S. Meck, PhD, JD, ABPP, APN;
Amanda Williams and Jessica Cheaves

(CE Credits: 1)

Psychology Boards (ASPPB) assist individuals seeking licensure as a psychologist and the authority to practice under the Psychology inter-jurisdictional Compact (PSYPACT). PSYPACT is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person face-to-face practice of psychology across state boundaries. *(Introductory)*

◆ 10:00 am - 11:00 am ◆

Student Poster Session Set-Up

◆ 11:00am - 12:30pm ◆

Student Poster Session Judging

◆ 9:30 am - 12:45 pm ◆

CE Workshops



Reflective practice: Building tools for social justice in clinical supervision, training and practice

Erica Marshall Lee, PhD; Suzann Smith Lawley, PhD;
Desiree Frain, PsyD; Anne Werkheiser, B.A.

(CE Credits: 3)

A call to social justice action is included in proposed revisions to APA's Ethical Principles and many guidelines for practice and training, highlighting a growing need for tools to take effective action. Reflective practice involves critical self-reflection of identities, interpersonal dynamics, and oppressive systems, yielding insights which can enhance clinical efficacy and promote social change. Through didactic and experiential approaches, reflective practice will be explored as a fundamental tool for engaging in social justice action across the professional lifespan. We will emphasize methods and strategies for advancing social justice in supervision, training, and practice. *(Intermediate)*



R-PAS: The Rorschach Performance Assessment System

William Buchanan, Ph.D., ABPP

(CE Credits: 3)

The R-PAS was developed to replace the Exner's Comprehensive System (CS). The R-PAS has simplified administration (maximum of 4 responses per card), vastly improved norms collected internationally, retention of those variables with the strongest empirical support (and elimination of variables with insufficient support), development of new and revised indices, improved consistency and reliability across examiners, simplified scoring, and encrypted scoring on the internet. Psychologists trained in Exner's CS will learn the basics of the R-PAS, and with sufficient self-study after the workshop, may be ready to start using the R-PAS. *(Advanced)*



Promoting brain health in older adults from underrepresented populations

Vonetta Dotson, PhD

(CE Credits: 3)

Older adults from underrepresented and marginalized groups face disproportionate risks to brain health. For example, chronic stress leads to behavioral and physiological responses that have detrimental effects on physical, mental, and brain health. Underrepresented groups are also more likely to face barriers to lifestyle behaviors that research has shown to benefit brain health, such as exercise, good nutrition, and good sleep. This presentation will describe social and environmental determinants of brain health in older adults from underrepresented communities, summarize lifestyle interventions that benefit brain health in older adults, and recommend strategies to promote brain health in vulnerable groups. *(Intermediate)*



What We Do Is Who We Are: How to Practice Psychology So All Clients Can Thrive

GPA Keynote Speaker: Telsie A. Davis, PhD

(CE Credits: 1)

Actions matter because they can reveal who we are and what we value. Using scholarly literature, clinical and personal examples, probing questions, and a review of Psychology's General Principles, this talk will illuminate: (1) how our professional actions sometimes run counter to psychology's mission to improve the condition of all individuals, and (2) how evidence-based strategies can be employed to create opportunities for all clients to thrive at their fullest potential. *(Intermediate)*

◆ 1:00 pm - 2:15 pm ◆

President's Welcome & Poster Award Announcement

(Lunch Included for Keynote Registrants)

◆ 1:00 pm - 2:30 pm ◆

Lunch on Your Own *(for those not registered for the Keynote)*

Visit with Exhibitors for Door Prizes

◆ 2:30 pm - 5:45 pm ◆

CE Workshops



The Model of Cultural Equity: A New Framework for Multicultural Training in Psychology

Telsie A. Davis, PhD

(CE Credits: 3)

This workshop is a call to action for psychologists committed to acting in accordance with psychology's mission to improve the human condition. Clients with cultural identities marginalized by society experience a poorer quality of mental health care in comparison to their more privileged counterparts; and chief multicultural training goals of cultural competence and cultural humility have not reduced treatment disparities for these clients. Dr. Davis will introduce cultural equity as a more actionable training goal and illustrate use of The Model of Cultural Equity to provide all clients what they need to benefit from treatment at their fullest potential. *(Intermediate)*



Culturally Responsive Couple and Family Therapy

Nadine J. Kaslow, PhD

(CE Credits: 3)

As the field of couple/family therapy has developed, so too has the focus on culturally responsive approaches. This workshop addresses the role of culture in diverse couples/families and examines principles that guide culturally responsive couples/family interventions. Attention is paid to couple/family dynamics and interventions related to various social identities: age/generational influences, developmental or acquired disability, religion and spirituality, ethnic/racial identity, socioeconomic status, sexual orientation, indigenous heritage, national origin, and gender/gender identity. Emphasis is placed on prioritizing cultural awareness, handling cultural similarities and differences between therapists and couples/families, and balancing tensions between differences and universalities. Illustrations highlight key points and interventions. *(Intermediate)*

6

Forensic Assessment for Non-Forensic Psychologists

Jeremy G. Gay, Psy.D.

(CE Credits: 3)

Licensed Psychologists are becoming increasingly involved in working within the legal system in various contexts, particularly in rural/underserved areas. Many of these clinicians have not received specialty training in forensic mental health assessment/courtroom testimony. The differences between clinical and forensic psychology are significant and without a working knowledge of these differences, many clinicians inadvertently set themselves up for failure when asked to testify or provide psychological assessment in a psychological context. The purpose of this workshop will be to provide training on these key differences and give psychologists a roadmap for being successful in forensic report writing and testimony. *(Intermediate)*

◆ 8:00 pm - 9:30 pm ◆

"Make a Run For The Roses and Support The PAC"
Fundraiser event

SATURDAY, APRIL 22

◆ 7:30 am-9:00 am ◆

Continental Breakfast with Exhibitors

◆ 8:00 am-5:00 pm ◆

Exhibits Open

◆ 9:00 am-12:15 pm ◆

CE Workshops

7

More Than a Card Sort: Leveraging Values in Adolescent Treatment

Allison LoPilato, PhD;

Rebecca Schneider, PhD;

Joya Hampton-Anderson, PhD

(CE Credits: 3)

Values work is central to several psychotherapies and is an important aspect of treatment. This is particularly true for adolescents given the critical development of identity and autonomy during this period. This workshop provides a comprehensive overview of how to integrate values into adolescent treatment. Part 1 will highlight the role of development, context, and identity (e.g., racial/sexual minority) in values clarification and how these considerations inform treatment. Part 2 will illustrate values in action for depressed/anxious adolescents. We will discuss how values are impacted by these disorders and demonstrate how to effectively incorporate values to strengthen existing interventions. *(Intermediate)*

8

Racism in the Therapy Room: A Discussion of Ethics and the Clinician's Role When Addressing Their Client's Racism

Dr. Rhonda Rivers, PhD and

Dr. Anna Trad, PhD

(CE Credits: 3)

We are living in a time of expanded racial awareness, providing an opportunity for psychologists to educate and advocate for racial equity. One difficult ethical challenge to this pursuit is in-session racist comments by clients. This workshop will address the ethical dilemma that clinicians face when they face such a situation in session. Decision-making considerations and models for addressing client's racism will be addressed. The differential impact of client's racism will cross and same racial therapeutic dyads with be discussed. Lastly, this workshop will provide participants the opportunity to share their own experiences with one another. *(Intermediate)*

9

Best Practices in Substance Abuse Assessment in Individuals with Co-occurring Mental Health Conditions

Lori Welch-Sigmon, Ph.D., HSP

(CE Credits: 3)

An increasing prevalence of substance abuse means that many clients who present for therapy for other conditions also qualify for substance use diagnoses. Training programs provide minimal education about substance use disorders (SUDs) and psychologists wrestle with best practices for addressing them in clinical practice. This seminar focuses on substance abuse in individuals with co-occurring mental health conditions and explores evidence-based assessment strategies to inform treatment recommendations. Recommendations focus on motivating and engaging the client in services for substance abuse, with considerations for clients with suicidal ideation, serious mental illness, cultural and socioeconomic barriers, and systemic factors impacting access. *(Intermediate)*

◆ 12:15 am - 2:00 pm ◆

Visit with Exhibitors for Door Prizes

◆ 12:30 pm - 1:45 pm ◆

GPA Business Meeting Lunch

Box lunch provided for all attendees

◆ 2:00 pm - 5:15 pm ◆

CE Workshops

10

On the Money: Facing Your Clients' Financial Matters

Traci S. Williams, PsyD, ABPP, CFT-I™

(CE Credits: 3)

Most mental health graduate programs do not include training in the assessment and treatment of financial health concerns. Meanwhile, according to APA's Stress in America survey (2022), 65% of adults note money as a significant source of stress. Conflicts around money are notable in distressed couples and often contribute to separation and divorce (Hill et al., 2017). Overall, socioeconomic distress is correlated with physical and mental health problems (Kivimäki et al., 2020). Thus, assessing financial difficulties is integral to therapeutic practice. This workshop will describe assessment and evidence-based treatment approaches for general practice. The financial disparities faced by minorities will be included. *(Intermediate)*

11

What non sex therapists need to know about sexual health and diversity

Rachel Anne Kieran, Psy.D.;

Courtney Geter, LMFT-S, CST-S;

Ariyanna N. White, LMSW

(CE Credits: 3)

While sex therapy is not everyone's specialty area, sex is an important aspect of each client's wholistic self. This may include vast diversity in sexual identity, interest in sex, comfort discussing sex, sexual health and intersections with other areas of identity. This workshop will examine the intersections between sex and general psychotherapy, including where primary distinctions lie. Our hope is to cover several models specific to sex therapy that can overlap, and how generalists can utilize these in various stages of the therapeutic process. In order to support this work, current emerging knowledge about sexual diversity, sexual health, and sexual behavior will be reviewed. Models that are unique to sex therapy and may require a referral to practitioners with specialized knowledge will also be reviewed. *(Introductory)*

12

Religious and Spiritual Competencies for Working with Muslim Clients in Clinical Practice

Anisah Bagasra, PhD

(CE Credits: 3)

This workshop will provide professionals with basic knowledge of Islamic beliefs, attitudes and common social norms that often impact willingness to seek help, conceptions of mental health, and attitudes toward treatment options. The goal is to discuss major Islamic worldviews, social norms, and common concerns of the Muslim community that can impact the ability to effectively engage and communicate with Muslim clients, colleagues, and students. The workshop will provide participants with information that reduces explicit and implicit bias, increases level of comfort serving a diverse Muslim population, and develop effective communication related to religious beliefs, attitudes, and behaviors. *(Introductory)*

Early Bird Discount Until 3/21/2023 | Registration Closes 4/1/2023

AFTER APRIL 1, 2023 PRICES INCREASE BY \$25

2023 GPA ANNUAL CONFERENCE REGISTRATION FORM

Please complete all information.

First Name _____ Last Name _____

Pronouns _____ Are you a psychologist? Yes No Degree (PhD, PsyD) _____

Phone (mobile) _____ Email _____

Save \$25 if you register by March 1, 2023

Prices go up by \$25 after April 1

FULL CONFERENCE	By March 1 Early Bird Discount	Full Price Mar 2 - Apr 1	Late Registrations After April 1
<input type="checkbox"/> Non-members	\$450	\$475	\$500
<input type="checkbox"/> GPA Members	\$350	\$375	\$400
<input type="checkbox"/> GPA Platinum Members	\$163	\$188	\$200
<input type="checkbox"/> GPA Student Members	\$100	\$125	\$150

ONE DAY ONLY

<input type="checkbox"/> Non-members	\$275	\$300	\$325
<input type="checkbox"/> GPA Members	\$190	\$215	\$225
<input type="checkbox"/> GPA Platinum Members	\$85	\$110	\$135
<input type="checkbox"/> GPA Student Members	\$45	\$70	\$95

MAKE YOUR EVENT SELECTIONS HERE:

Friday Morning Special Workshop

- | | |
|--|--|
| <input type="checkbox"/> Friday Workshop #1 | <input type="checkbox"/> Friday Workshop #7 |
| <input type="checkbox"/> Friday Workshop #2 | <input type="checkbox"/> Friday Workshop #8 |
| <input type="checkbox"/> Friday Workshop #3 | <input type="checkbox"/> Friday Workshop #9 |
| <input type="checkbox"/> Keynote Workshop | <input type="checkbox"/> GPA Business Lunch |
| <input type="checkbox"/> Friday Workshop #4 | <input type="checkbox"/> Friday Workshop #10 |
| <input type="checkbox"/> Friday Workshop #5 | <input type="checkbox"/> Friday Workshop #11 |
| <input type="checkbox"/> Friday Workshop #6 | <input type="checkbox"/> Friday Workshop #12 |

PAC Event (Add \$50 donation)

Guest meals (Add \$40 per day)

\$ _____ **TOTAL PAYMENT**

CANCELLATION POLICY

All cancellations must be submitted in writing to Sylvia Cardona via email (operations@gapsy.org). A \$75 cancellation fee will be charged for any cancellations prior to April 1, 2023. No refunds will be given after April 1, 2023.

ATTENDANCE POLICY

Attendees should not miss more than 10 minutes per workshop in order to earn CE credit. The Georgia Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. GPA maintains responsibility for this program and its content.

GUEST POLICY:

Guests of Annual Conference attendees are welcome to register as guest event attendees. Guest registration (\$40/day) includes attendance at all breakfasts, breaks and Saturday business lunch. Workshops are not open to guests.

COVID-19 POLICY

GPA reserves the right to modify, postpone, or cancel the 2023 GPA Annual Conference at any time due to the COVID-19 pandemic. Your participation in this Event implies agreement to comply with GPA's safety requirements.

ACCOMMODATIONS

HYATT PLACE ATHENS

412 N. Thomas Street, Athens, GA 30601

Phone: (706) 425-1800.

Please request the G-GPA3 room block.



GPA Rate: \$159.00 plus tax and a \$10 parking fee per vehicle per night. Hyatt signature breakfast will be complimentary for all guests who stay at the Hyatt.

Cut-off Date: On or before March 19, 2023

Dates applicable for rate: April 20 -22, 2023

Meeting attendees are responsible for making their own hotel reservation. Attendees are encouraged to make their room reservations early to avoid the deadline and possible rate increase.

ONLINE REGISTRATION (Preferred)

<https://www.gapsy.org/page/register>

METHOD OF PAYMENT

Check Enclosed -

Make check payable to Georgia Psychological Association

Email Confirmations and receipts will be sent once the office receives your registration.

Visa MasterCard Discover American Express

Name on Card: _____

Card Number: _____

Exp. Date: _____ Security Code: _____

Billing Address: _____

Billing Phone Number _____

MAIL REGISTRATION

Please complete the form and mail (with enclosed payment) to:

Georgia Psychological Association

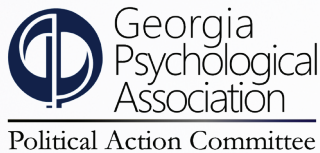
Attn: Annual Conference

5555 Glenridge Connector, Suite 200, Atlanta, GA 30342

REGISTRATIONS WILL NOT BE PROCESSED BY PHONE



Dr. Telsie Davis is the Founder and Director of the Cultural Equity Institute, an organization whose mission is to eradicate cultural inequities in mental health care through education, human connection, and advocacy so our mental health care system can help every client thrive at their fullest potential. Dr. Davis is a licensed psychologist with 11 peer-reviewed publications; four book chapters; and hundreds of hours of training in the areas of evidence-based DEI strategies and empirically supported treatments for PTSD and substance use. Dr. Davis earned a B.S. in Applied Psychology from Georgia Tech, a Ph.D. in Counseling Psychology from Georgia State, and completed pre- and postdoctoral training at Emory University School of Medicine (ESOM). She also serves as a Psychologist, Co-Chair of the APA-Accredited Psychology Training Program's Diversity Rotation and Mental Health Service Line DEI Committee at the Atlanta VA; and an Assistant Professor at ESOM in the Department of Psychiatry and Behavioral Sciences.



Race to the front of the PAC A GPA-PAC Fundraiser

Friday, April 21, 2023, 8 p.m. - 9:30 p.m.

Break out your best bowties and hats for the Political Action Committee's first Kentucky Derby-themed party and fundraiser!

Join us for "Race to the Front of the PAC" on Friday, April 21, 2023 at 8pm in The Classic Center's Ballroom to enjoy connecting with colleagues and learning about Derby traditions, from making mint juleps to betting.

Admission is \$50 and includes one free mint julep, raffle tickets for prizes, and the chance to participate in some competitive fun, including a hat contest! Funds raised through this event will help the bipartisan GPA-PAC more effectively advocate for our profession and to advance the interests of psychologists across the state.

Start looking for your fascinators now and make sure you get your ticket for the most entertaining night of the Conference!

Admission: \$50 • Raffles! • Goodie Bags! • Mint Juleps!

Proceeds help the bipartisan GPA-PAC advocate for our profession and to advance the interests of psychologists across the state.

GPA has moved! Please note our new address.

5555 Glenridge Connector
Suite 200
Atlanta, GA 30342

Early bird discount ends March 1, 2023

Being and Becoming: Embracing Values, Intersectionality, and Evidence-Based Practice

Last year, we celebrated the 75th anniversary of GPA and focused on healing and strength in the post-pandemic world. As we build on that momentum, we will focus on developing greater awareness of ourselves and others, including ways to live more intentionally based on our values. This reflective process is consistent with ethical practice, as we can't give our clients, colleagues, students, and members of the public what we don't have ourselves. Programming will integrate themes such as identifying and focusing on values to guide one's direction and priorities in life and then helping clients to do the same. This also involves cultivating awareness of and respect for clients' multiple identities and roles (intersectionality) and how these relate to their values and personal autonomy. We will explore evidence-based approaches for meeting our clients where they are, and for helping them to move in the direction of what they value most. This work involves the recognition of systemic issues that impact our clients' abilities to pursue their goals and necessitates conversations integrating themes of social justice, health equity, and access to care.